

## **MICROBLADING POST CARE**

For the first 24 hours blot any lymph fluid from treated area with a clean tissue. Scabbing is normal, some scab more than others for a variety of reasons such as bleeding, or the body's own immune reactions.

- 1<sup>st</sup> day, VERY IMPORTANT – Dab the brow area (very gently) 30 minutes after procedure then 3 more times the first 24 hours with a warm and neutral soap to prevent wound from getting dirty and lessen scab formation. Apply very thin layer of aftercare each time you rinse.
- Make sure eyebrows are COMPLETELY dry before applying ointment (pat dry with paper towel or air dry)
- Day 2-10 Maintain facial hygiene. Morning and night dab using a cotton pad and sterile water to keep brows clean. Apply after care very sparingly 3 to 5 times a day to dry brow. Try to keep them as dry as possible.
- Day 1-10 Limit showers to 5 minutes (avoid direct water on brow) Use shower guards provided to you.
- Do not rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring and pigment loss!
- Avoid sun exposure and tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change color while healing can also cause hyperpigmentation and scarring.
- Avoid pools, saunas, steam rooms, hot showers and or hot baths for 10 days.
- Avoid sweating on your face for 10 days. Sweating through or on the brows will expel pigment from the dermis producing poor results.
- Avoid sleeping on your face/brows for the first 10 days!
- No makeup or skincare products are to be used on the treated area for 10 days.
- Keep your bangs and hair pulled back from the face.
- After 10 days, once the area has healed completely, use sunblock when going out in the sun to stop the color from fading.
- Do not tint eyebrows for 2 weeks after the procedure.
- Avoid Retin-A, Chemical peels, laser treatments, microdermabrasion, and or anything to treat hyperpigmentation around brow area to prevent fading.

## **HEALING SCHEDULE:**

Day 1-4: They become darker and more filled in as they form a scab. This is completely normal. DON'T PANIC!

Day 5-12: Scab naturally exfoliates, peels and flakes away over the course of several days. The fresh skin underneath is white or pinkish and may have a waxy coating, making it appear that the brows are too light. It may seem like all your color has fallen off! Be patients the outcome is wonderful.

Day 10-30: After 10 days you may use brow makeup very gently if you need it. The color will slowly come back to life and bloom back to the surface as the new white skin settles and heals. Wait at least 4 weeks to see the true color, as it will take on new strength, and it is only after 4 weeks that your touch-up/adjustment can be done. Your second appointment is to tighten up your shape, touch up any light spots and assess how your skin reacts to the process, and the color chosen.

Not everyone follows the exact healing schedule, this is only the average healing. Your brows and permanent cosmetic procedure can go through no flaking, some flaking, scabbing, color lightening, color loss, spots that fade, spots that do not fade, it may take more than one touch up to achieve desired look, fullness and outcome, microblading, permanent eyebrows, permanent eyeliner and other permanent cosmetic procedures may not work for me and I understand that. And will not hold the technician at fault.

## **PERMANENT EYEBROW/EYELINER AFTERCARE**

Aftercare is a very important aspect of the long-term success, effectiveness, health and overall satisfaction with your new tattoo.

## **IMMEDIATELY AFTER THE PROCEDURE YOU MAY EXPERIENCE:**

You may feel some tingling and tenderness and probably a bit of swelling in the tattoo area, this is because the numbing cream used before applying the tattoo will start to wear off and the newly exposed tattoo will begin the process of healing immediately. It is also highly likely that you will experience some skin sensitivity, redness, and swelling for about 1 to 2 days, you can use over-the-counter pain reliever to help you get through this during initial healing. Make sure you give your brows/liner approximately two weeks to heal and set and limit any physical activity like swimming and saunas, or exposure to direct sunlight that may cause premature fading. All tattoos carry the inherent risk of infection or allergic reaction. If pain or tenderness persists for more than a few days consult with your doctor or permanent cosmetic specialist immediately.

## **APPEARANCE**

Be aware that the brand new pigment from the fresh tattoo may likely appear extremely dark and much thicker than expected, while others might seem exceedingly bright, so don't be surprised. Usually after a few days or so the areas top layer starts to scab, crack, flake, peel and slough off in certain places, this process is called shedding. The segments that shed may appear much lighter than the segments that do not shed, try not to worry as the pigment will eventually soften and settle into the appropriate shade when shedding is complete. You could also have some swelling, redness, or skin sensitivity and some minor bruising (minimal, if at all) which would be normal side effects of the eyebrow tattoo procedure, how easily a person swells and bruises depends on many factors such as their age, skin type and circulation. Older skin heals slower than younger firm skin. It is not uncommon to lose 1/3 of your color after the healing process of your initial procedure. Don't panic as the touchup session is for correction of uneven or faded appearance.

## **AFTERCARE DURING HEALING**

Do not scratch, pick, or rub the treated area, you will lose your color or cause scarring.

Day 1-7: Two times per day, gently cleanse the treated area with cool water on a cotton pad (squeeze excess water) dab brow with a cotton pad. Let area completely dry, and apply your aftercare ointment with a Q-tip, A&D, Aquaphor, Coconut oil, Grapeseed oil are all wonderful choices for your healing ointment. I will send you home with A&D ointment. If your scabs are bothering you during the healing process you can gently apply a minimal amount of A&D ointment with a Q-tip and place it over the scabbed area a few times per day. If you tend to have oily skin your aftercare ointment may be modified as you will already have excessive moisture in the treated area due to your oily skin. Please do not use Vaseline as that is only a barrier for when you are in the shower. The freshly tattooed area needs oxygen to heal and Vaseline will create a barrier from oxygen entering the tattoo. No antibiotic cream should be used on the treated area as that is only used specifically for infections and could affect your color retention. Avoid getting your brows directly wet in the shower if possible and when washing your face please use a washcloth and go around the brow/liner area for the first 7 days.

Limit your sweating on your face for the first 5 days as this could push color out as your wound is healing. Limit your showers to five minutes and avoid hot tubs, pools, lakes, oceans, and direct sunlight while you are healing. After you are healed the sun will be your number one enemy when it comes to excessive fading. Please use sun block, a hat and big sunglasses to protect your brows and liner while outside.

The days following the procedure there may be slight inflammation of the skin as it heals, you may also feel itchy, this is a normal part of the process and is a good sign that you are healing properly. You may feel tempted to soothe the eyebrow or liner with a cold compress, although it won't necessarily minimize the swelling, a cold compress (not frozen) such as a damp teabag or damp face cloth wrapped in a towel (NOT WET) can be placed onto the treated area to help relieve any discomfort. Only do this for a day or so as repeated attempts to cool down the area can increase the chance of skin cell damage and infection. Never apply pressure to your new tattoo and be careful not to rub, scratch, scrub or exfoliate the new tattoo as this could cause severe color loss and/or infection. Let the treated area naturally exfoliate on its own. The average heal time will vary from person to person and can depend on several physiological factors that include age, skin type, circulation, smoking, hormone cycles, and how easily and how severely/easily you swell or scab. Generally, as with any skin trauma older skin tends to take a bit longer than younger skin to heal, and other factors that

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affect healing include: our diet, excessive physical activity, exposure to direct sunlight, and any medications you may be taking.

30 to 60 days after your initial procedure you should schedule a touch-up procedure. This is when we make any changes to the shape of the treated area or fill in any areas that need correction or modification. During a touch up I will go over the area again, exactly repeating the initial session. This repetition helps the tattoo last longer and encourages the pigment to embed more permanently into the skin.

## **TOUCH-UP**

**Your First touchup is complimentary ONLY when paying full price, discounted procedures Do have a 1st touchup charge of \$50-\$75. Additional touch ups do have a charge as well.**



Day 1: OMG! I'm in love with my new brows. Thank you!



Day 2-4: I don't like this color, it's too dark.



Day 5-7: Oh, no! My brows are scabbing and falling off.



Day 8-10: WTF? My brows are gone!



Day 14-28: Thanks God my brows are coming back! Still looking patchy and uneven.



Day 42 (after touch up): Aww, they're beautiful! I love them! Thanks again!